

Viral Mediated Gene Therapy and Genetically Modified Therapeutics: *Occupational Safe Drug Handling in a Health-System Pharmacy*



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Objectives

1. Define the current FDA-approved clinical therapies requiring biosafety precautions in a healthcare setting.
2. List the key guidelines that should be consulted when developing institutional gene therapy policy and procedure.
3. Describe requirements within the upcoming hazardous drug handling guidelines that apply to viral vectors.

Disclosures

- Licensing agreement for gene therapy handling
 - Sarepta Therapeutics
 - Prevail Therapeutics

Nationwide Children's Hospital



- 527 bed free-standing pediatric institution in Columbus, Ohio
- More than 1.4 million patient visits annually

Abigail Wexner Research Institute

- More than 1000 clinical research projects
- Center for Gene Therapy
- Viral Vector Core / Clinical Manufacturing Facility
 - Recombinant AAV



Research Pharmacy at NCH



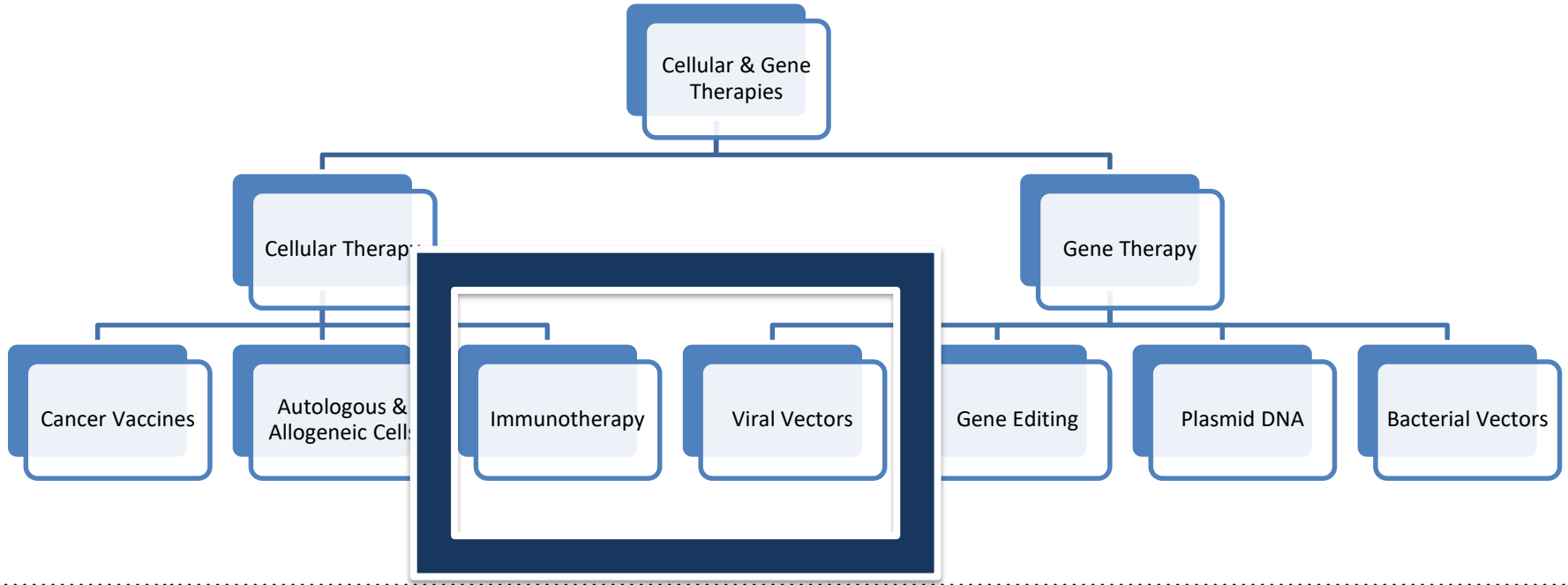
- First clinical gene therapy trials in 2006
- Over 185 infusions to date
 - Cellular therapy
 - Immunotherapy
 - Viral vector therapy
- AAV, HSV, VSV, measles, etc.

New Era of “Drugs”

- Unknown in many pharmacy and healthcare settings
- Some estimate 40 gene therapy approvals by 2022



FDA Approved Gene Therapies



Commercial Products

Immunotherapy

- Imlygic[®] (talimogene laherparepvec)

Viral Vector Gene Therapy

- Luxturna[®] (voretigene neparvovec)
- Zolgensma[®] (onasemnogene abeparvovec)



Transitioning to Clinical Care

Gene Replacement Therapy: A Primer for the Health-system Pharmacist

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Abstract
Purpose: Comprehensive review of gene replacement therapy with guidance and expert advice for pharmacists. **Summary:** There are currently ~2600 gene therapy clinical trials worldwide (FDA approved gene therapy products available in the United States). Gene therapy is not a new drug; however, there is a lack of guidance from the National Institutes of Health (NIH) and the Food and Drug Administration (FDA), World Health Organization (WHO), and professional associations. Although the NIH involves the baseline biological of viral vectors in gene therapy, information regarding minimization of exposure and reduction of risk exists. In the absence of professional guidance, health-system pharmacists play a key role in the proper handling and general management of gene replacement therapy. This review will discuss the role of pharmacists in institutional preparedness, as well as gene therapy handling infrastructure model for gene replacement therapy handling is described, including research, operating procedure development, personnel, patient, and caregiver education and training. Pharmacists have a key role in the proper handling and general management of gene replacement therapy, including establishing infrastructure, and developing adequate policies and protocols, particularly in the handling and transport of gene replacement therapy.

Keywords: gene therapy, hospital pharmacy services, biosafety

Introduction

Gene therapy offers a novel approach to treating rare and some common life-threatening genetic diseases and may require new responsibilities for pharmacy practice.¹ The American Society of Gene and Cell Therapy (ASGCT) defines gene therapy as the introduction or removal of genetic material or modification of gene expression to alter the biological function of an individual's genetic code with the objective of achieving a therapeutic benefit.² These approaches include replacing a nonfunctional gene with a functioning healthy gene, inactivating a disease-causing gene, or introducing a new or modified gene into the body. Mechanisms of gene therapy can include gene replacement therapy, in which a fully functioning gene is introduced to replace a mutated gene; gene addition, in which a new gene is introduced into the body to help fight a disease; gene inhibition or "knockdown" to inactivate a mutated gene that is overproducing its product by targeting RNA; and gene editing that permits targeted changes to a gene sequence.³ Although there are many types of gene therapy, this review will provide guidance related to safe handling and administration of gene replacement therapy, a form of gene therapy designed

specifically to provide or replace a gene. Tissues of gene therapy are delivered through various delivery systems.⁴ Although gene therapy is a novel modality, this modality will not be discussed in this review.

Gene Replacement

Gene therapies using viral vectors are used to deliver genetic material into the body. Mechanisms of gene therapy can include gene replacement therapy, in which a fully functioning gene is introduced to replace a mutated gene; gene addition, in which a new gene is introduced into the body to help fight a disease; gene inhibition or "knockdown" to inactivate a mutated gene that is overproducing its product by targeting RNA; and gene editing that permits targeted changes to a gene sequence.³ Although there are many types of gene therapy, this review will provide guidance related to safe handling and administration of gene replacement therapy, a form of gene therapy designed

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Viral-mediated gene therapy and genetically modified therapeutics: A primer on biosafety handling for the health-system pharmacist

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Purpose: The guidance documents applicable to the manipulation of viral vectors in a health-system pharmacy are reviewed to provide recommendations for occupational safe drug handling.

Summary: Biosafety handling principles should be drawn from 2 guidance documents essential in the manipulation of biological material: Biosafety in Microbiological and Biomedical Laboratories, 5th Edition, and the National Institutes of Health NIH Guidelines for Research Involving Recombinant or Synthetic Nucleic Acid Molecules (NIH Guidelines). Incorporating the biosafety guidance of these 2 documents into the pharmaceutical standards of United States Pharmacopoeia chapter 800, "Hazardous Drugs—Handling in Healthcare Settings," will assist in the establishment of viral gene therapy handling guidelines in a health-system pharmacy.

Conclusion: Novel gene therapies and genetically modified therapeutic products will expose health-system pharmacists to classes of medications with unique biological handling requirements. Occupational safety data on the handling of these medications will be limited. The health-system pharmacy will need to rely on published biosafety recommendations to evaluate the infectious and genotoxic risks of these products while determining the necessary containment strategies to ensure safe work practice.

Keywords: biosafety, gene therapy, viral vector

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In December 2017, the United States Food and Drug Administration (FDA) granted approval of a novel gene therapy product for market sale in the United States. Clinical trials of onasemnogene AAV-pyrimidine (Zinc Finger Nucleic Acid [ZFNA]-mediated) demonstrated initial efficacy, demonstrating significant improvement of functional vision over placebo.^{1,2} This gene therapy approval came on the heels of 2 other genetically modified onasemnogene AAV-pyrimidine (Zinc Finger Nucleic Acid [ZFNA]-mediated) immunotherapy authorizations for hemophilia multiparvovirus^{3,4} (Zinc Finger Nucleic Acid [ZFNA]-mediated) was shown to provide a durable remission in pediatric and young adult patients with relapsed or refractory B-cell acute lymphoblastic leukemia,⁵ while treatment with a

- Need for Policy Development
- EAHP published handling guidelines in the 2007
- Two recent publications on gene therapy and viral vector handling

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Recommendations for Policy Development

- Biosafety Requirements
 - *CDC: Biosafety in Microbiological and Biomedical Laboratories (BMBL)*
 - *NIH Guidelines for Research Involving Recombinant or Synthetic Nucleic Acid Molecules*
- Local requirements
- United States Pharmacopeia General Chapters 797 (USP<797>) & 800 (USP<800>)

What is USP<800>?

- Chapter 800 from the United States Pharmacopeia
 - *Hazardous Drugs--Handling in the Healthcare Setting*
- Expands the definition of ‘hazardous drug’ and extends handling considerations outside of pharmacy
- Focuses on occupational safety of healthcare workers that handle hazardous drugs

USP<800> & Gene Therapy

- Biohazard precautions are a new consideration
- Package inserts of commercial products contain safe handling recommendations
 - Imlygic[®]: Use limited for immunocompromised and pregnant staff
 - Zolgensma[®]: 30 day contact precautions
- Most gene therapy still in investigational state

Recommended Handling

- Compounding environment
- PPE
- Training
- Spills & Cleaning
- Disposal & Waste
- Medical Surveillance

Table 1. Biosafety Handling Guidelines for a Health-System Pharmacy^a

Item	Recommendation
Hazardous drug list	Recommend the addition of all gene therapy products to the hazardous drug list to lessen the restrictions. ¹⁷
Storage	Access should be limited to those trained on biosafety handling procedures. Minimize transmission risk to the community or agricultural commodities. Recommend labeling with a biohazard symbol in required colors of fluorescent orange or orange-red for all gene therapy products. Post BSL containment level; contact information for responsible party; procedure for handling on storage units and at the entrance of any room when the agent is present.
Training	Standard operating procedures must be adopted prior to initial work with gene therapy products. SOPs should be available for each agent and include actions in the event of an exposure. Effectiveness of training should cover all aspects of handling the agents. The health system must consider training for appropriate response in the event of an exposure.
Medical surveillance	Medical surveillance should be provided to any individual that regularly handles gene therapy products or serum samples. Commercial vaccines should be made available to provide protection. Personnel of reproductive capacity must confirm in writing that they do not wish to be pregnant. Individuals should be encouraged to self-identify.
Engineering controls	Primary engineering controls for sterile hazardous drug compounding as outlined in the CDC/NIH Guidelines for Biological Compounding within a health system pharmacy. ¹⁷

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Clinical Care Considerations



- Identify key experts within the institution
- Review available literature to develop safe & compliant policy
- Educate & train staff on biosafety handling

References

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